



PE at Holy Family

This year, we have continued to raise the profile of Sport and PE by providing our pupils with a wider range of opportunities to participate, compete, and develop new skills.

Children have represented the school in an increased number of inter-school competitions, building confidence, teamwork, and sportsmanship. We have also welcomed guest speakers and specialist coaches from external sports clubs, who have inspired pupils and delivered high-quality coaching sessions in a variety of sports.

Our PE curriculum has been enriched by introducing pupils to a broader range of sports and physical activities, helping them discover new interests and develop a lifelong enjoyment of being active.

These opportunities have fostered a positive sporting culture, encouraging all pupils to participate, challenge themselves, and achieve their personal best.

What have we been up to?

We have been busy this year competing in a range of sports against local schools. We have been lucky enough to have lots of visitors from local clubs to share their sport with us.

- KS2 had Lacrosse sessions delivered by Brooklands
- A KS2 team then represented our school in a Lacrosse Tournament
- Year 6 Athletics Tournament
- A number of our KS1 children attended a Gymnastics competition
- Sale Sharks Wheelchair Rugby delivered a session to some of our KS2 children
- KS2 children had Gaelic lessons delivered by a local club
- A number of KS2 children represented our school in a Gaelic Tournament
- We have had teams from Year 3/4 and Year 5/6 play in Trafford's Football Friday
- Year 6 Boys played in a Trafford Dynamo Cricket Tournament -We came 3rd Place
- Year 5/6 Girls played in Trafford's Dynamo Cricket Tournament
- A successful Sports Day for the whole school



"I enjoyed the experience of the Athletics tournament as it put into practise what we did in PE and made us proud."
"I enjoyed working together as a team and even though we didn't win, it was fun. It was nice that all the girls at football tried their best."
"I enjoyed football because I got to play competitively against people I didn't know."
"I felt so happy I was chosen to play Lacrosse. I was nervous at first and I did not want to go, but I did!"
"I liked the drills in Lacrosse and I enjoyed being able to score in Gaelic."
"Gaelic was really fun, we won lots of games and it was fun to find out how to play it."
"I felt excited and it felt like a real football match. It felt so good to play."
"I liked when we all had a chance to bowl and I like when we had a chance to hit a free hit"